

Comprehensive Perinatal Services Program (CPSP) / Perinatal Support Services Program (PSS)

POLICY:

PMG/Health Plan/Medi-Cal shall ensure that CPSP/PSS services are available to all pregnant women. Provider network and Medical Management will track evidence that provider and staff are educated on Medi-cal programs.

PROCEDURE:

- Referral Process
 - At the time a request for total OB care is received, staff shall ensure that a Pregnancy Notification Report (PNR) is received and forwarded to Health Plan / Medi-Cal. Health Plan / Medi-Cal is responsible to refer the member to contracted PSD provider.
 - If the member refuses to participate the contracted PSS provider will notify Health Plan / Medi-Cal and the provider. The provider is required to document the refusal in the members medical record and provide the member with the following:
 - Pregnancy education materials
 - Breastfeeding education and materials
 - A referral to WIC and other community resources, as needed.
 - A request for total OB care falls under the auto approval policy and procedure.
 - The referral coordinator will the appropriate data from the PNR on the applicable Birth Outcome Report.
 - If the PNR is not received with the total OB request the referral coordinator will phone the provider office.
- Available CPSP/PSS Services
 - Initial assessment with evaluation of risk factors.
 - Nutritional services.
 - Health education.
 - Psychosocial services.
 - Additional referrals as needed.
 - Postpartum assessment.
- Case Management
 - Case management services shall be made available to all high risk pregnant members.
 - PMG's case manager shall assist if needed with coordination of care with the members OB provider.
 - Case management and the provider shall offer services that enhance the member's health and level of independence including but not limited to, coordination of carve out services, referrals to community resources, an initial health assessment with evaluation of risk factors, nutritional services, health education, psychosocial services, referral to appropriate specialists including perinatologists, postpartum assessment.

- Using information from the risk assessment tool, the vendor shall develop an individualized treatment plan and provide case coordination services to the member according to the American College of Obstetricians and Gynecologists (ACOG) standards.
- The case manager will receive activity reports from the PSS/CPSP vendors which will be reviewed and data will be updated on the Birth Outcome Log. Reports will be reviewed for one-on-one education, health education sessions and/or referrals to health education, and referrals to specialty care services.
 - Health education data will also be logged on the internal health education tracking log.
 - First trimester initial assessments will be applied to a referral attendance for prenatal education.
 - Second and third trimester re-assessments will be applied to attendance for prenatal education.
 - Postpartum assessments will be applied to attendance for family planning and parenting attendance.
- The OB/GYN provider shall offer the member comprehensive HIV information, counseling, testing, and referral services as required by State Law. The provider shall maintain medical records documenting these services.
- The OB/GYN provider shall refer applicable members to WIC. This information shall be documented in the member's medical record.
- A child abuse report shall be filed if necessary. This information shall be documented in the member's medical record.
- CPSP Reporting
 - A Postpartum and Poor Outcome Notification Report will be faxed to Health Plan/Medi-Cal within 7 calendar days after an occurrence.
 - PMG shall submit a quarterly Birth Outcome report to the Health Plan and Medi-Cal. Areas reported include but are not limited to:
 - Number of Medi-Cal pregnant members.
 - Pregnant members offered CPSP/PSS services.
 - Pregnant members who have accepted or refused CPSP/PSS services.

COMPREHENSIVE PERINATAL SERVICES PROGRAM Assessment Risk/Strength Summary

Instructions for Use

The Assessment Risk/Strength Summary is designed to be used as a summary of risk/strengths identified on a completed State Initial Combined Assessment (CDPH 4455). The form may be completed by any qualified Comprehensive Perinatal Services Program (CPSP) practitioner, as defined in Title 22, Section 51179. The use of this summary sheet is optional.

Purpose

The Assessment Risk/Strength Summary sheet provides a quick visual summary of the risks and strengths of a CPSP client, as identified at the completion of the initial assessment. It is **not** a substitute for the Individual Care Plan. The summary has several potential uses, for example:

- Together, the client and practitioner can review risks and strengths, identify priorities, and develop an Individual Care Plan;
- The form, with prior approval, could be used as documentation for a managed care plan of a client's risk and need for interventions;
- Used as a data summary sheet, with information compiled, analyzed, and tracked over time to give a picture of the needs of the clients for a particular practice site.

Procedures/Documentation

The Assessment Risk/Strength Summary sheet is approved to be completed by any qualified CPSP practitioner.

1. Inform the client of the purpose for completing the summary (this may vary by practice setting).
2. Review each section of the Initial Combined Assessment (CDPH 4455) and complete the applicable information in the corresponding section of the summary document.
3. For each section, identify client strengths and document them on the form.
4. Most sections have space to identify other risks that are not already listed on the form; document as necessary.
5. Store document as specified for the practice site.

ASSESSMENT RISK/STRENGTH SUMMARY

(To be used in conjunction with CDPH 4455, Initial Combined Assessment)

<p>Personal Information Age: <input type="checkbox"/> <12 yr. <input type="checkbox"/> 12–17 yr. <input type="checkbox"/> 35+ yr. Resident: <input type="checkbox"/> <1 yr. <input type="checkbox"/> Children living out of home <input type="checkbox"/> _____ Strengths: _____</p>	<p>Economic Resources <input type="checkbox"/> No financial support from FOB <input type="checkbox"/> Insufficient food supplies <input type="checkbox"/> Needs WIC referral <input type="checkbox"/> _____ Strengths: _____</p>	<p>Housing <input type="checkbox"/> Transient housing <input type="checkbox"/> Substandard housing <input type="checkbox"/> No phone <input type="checkbox"/> Message phone <input type="checkbox"/> Weapons in home Strengths: _____</p>			
<p>Transportation <input type="checkbox"/> No reliable transportation <input type="checkbox"/> Needs referral for infant car safety seat <input type="checkbox"/> No seat belt use <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ Strengths: _____</p>	<p>Current Health Practices <input type="checkbox"/> Needs dental care <input type="checkbox"/> Medication use since LMP <input type="checkbox"/> Chemical exposure <input type="checkbox"/> Poor HX using health care system <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ Strengths: _____</p>	<p>Pregnancy Care <input type="checkbox"/> Ambivalent about pregnancy <input type="checkbox"/> Unwanted pregnancy <input type="checkbox"/> Lacks support for pregnancy, L&D, postpartum <input type="checkbox"/> Using natural remedies <input type="checkbox"/> HX pregnancy/child losses <input type="checkbox"/> HX STI self/partner <input type="checkbox"/> Needs referral for discomforts of pregnancy Strengths: _____</p>			
<p>Nutrition <input type="checkbox"/> Anthropometric data outside of NL: _____ <input type="checkbox"/> Biochemical data outside of NL: _____ <input type="checkbox"/> Clinical conditions outside of NL: _____ <input type="checkbox"/> Poor appetite <input type="checkbox"/> PICA <input type="checkbox"/> Special diet: _____ <input type="checkbox"/> Inappropriate vitamin/mineral use <input type="checkbox"/> Unusual dietary practices</p>	<p><input type="checkbox"/> HX or current eating disorder <input type="checkbox"/> Inadequate diet (24-Hour Recall) <input type="checkbox"/> Inappropriate weight gain (grid) <input type="checkbox"/> Excessive caffeine intake Strengths: _____</p> <p>Infant Feeding <input type="checkbox"/> Has never breast-fed <input type="checkbox"/> HX problem with breast feeding <input type="checkbox"/> Lacks support for breast feeding Strengths: _____</p>	<p>Coping Skills <input type="checkbox"/> Experiencing significant life stressors <input type="checkbox"/> HX domestic violence <input type="checkbox"/> Victim of violence/sexual abuse: self/children/parents <input type="checkbox"/> HX suicidal ideation/attempt <input type="checkbox"/> Depression <input type="checkbox"/> Inadequate support system <input type="checkbox"/> _____ <input type="checkbox"/> _____ Strengths: _____</p>			
<p>Tobacco, Drug, Alcohol Use <input type="checkbox"/> Uses tobacco <input type="checkbox"/> Current HX alcohol use/abuse <input type="checkbox"/> Current HX drug use/abuse <input type="checkbox"/> Partner uses/abuses drugs/alcohol Strengths: _____</p>	<p>Education and Language Education: <input type="checkbox"/> <8 yr. <input type="checkbox"/> 9–11 yr. <input type="checkbox"/> Non-English-speaking/reading <input type="checkbox"/> Low literacy skills <input type="checkbox"/> _____ Strengths: _____</p>	<p>Educational Interests <input type="checkbox"/> Barriers to attending classes <input type="checkbox"/> Mental, emotional, or physical conditions affecting learning <input type="checkbox"/> _____ Strengths: _____</p>			
<p>Obstetrics</p> <table border="0"> <tr> <td data-bbox="204 1409 609 1629"> <input type="checkbox"/> Diabetes, gestational/overt <input type="checkbox"/> Chronic/high risk medical condition <input type="checkbox"/> VBAC, repeat C-Section <input type="checkbox"/> Multiple gestation <input type="checkbox"/> Short pregnancy interval </td> <td data-bbox="609 1409 1010 1629"> <input type="checkbox"/> Late entry to care <input type="checkbox"/> Hypertension/PIH <input type="checkbox"/> Hyperemesis <input type="checkbox"/> Urinary tract infection <input type="checkbox"/> Underweight/obese pre-pregnancy <input type="checkbox"/> Hx preterm labor </td> <td data-bbox="1010 1409 1404 1629"> <input type="checkbox"/> Hepatitis B+/HIV+ <input type="checkbox"/> Rubella negative <input type="checkbox"/> Religious restrictions to procedures <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ </td> </tr> </table>			<input type="checkbox"/> Diabetes, gestational/overt <input type="checkbox"/> Chronic/high risk medical condition <input type="checkbox"/> VBAC, repeat C-Section <input type="checkbox"/> Multiple gestation <input type="checkbox"/> Short pregnancy interval	<input type="checkbox"/> Late entry to care <input type="checkbox"/> Hypertension/PIH <input type="checkbox"/> Hyperemesis <input type="checkbox"/> Urinary tract infection <input type="checkbox"/> Underweight/obese pre-pregnancy <input type="checkbox"/> Hx preterm labor	<input type="checkbox"/> Hepatitis B+/HIV+ <input type="checkbox"/> Rubella negative <input type="checkbox"/> Religious restrictions to procedures <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
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COMPREHENSIVE PERINATAL SERVICES PROGRAM

Name
 Birth date
 I.D. number
 EDD

INITIAL COMBINED ASSESSMENT

PERSONAL INFORMATION

1. Your name: _____
2. Age: Less than 12 years 12–17 years 18–34 years 35 years or older
3. Place of birth: _____
4. How long have you lived in this area? Less than 1 year 1–5 years 5+ years Life
5. Do you plan to stay in this area for the rest of your pregnancy? Yes No
6. Are you: Married Single Divorced/separated Widowed Other: _____
7. Who lives with you in your home?

Name	Relation	Age	Name	Relation	Age

8. Do any of your children or your partner's children live with someone else? Yes No N/A
 If yes, explain: _____

ECONOMIC RESOURCES

9. Are you currently working? Yes No If yes, type of work and hours per week: _____
10. Do you plan to return to work after the baby is born? Yes No
11. Will the father of the baby provide financial support to you and the baby? Yes No
12. Are you receiving any of the following: (Check all that apply.)

	Yes	No	Needs Information/Referral
a. WIC	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Food stamps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. AFDC	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Emergency food assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Pregnancy-related disability insurance benefits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

13. Do you have enough clothes for yourself and your family? Yes No
14. Do you or others in your home skip meals due to lack of money? Yes No

HOUSING

15. What type of housing do you currently live in?
 Apartment House Hotel/motel Emergency shelter Public housing
 Trailer park Car Farm worker camp Other: _____

Name
Birth date
I.D. number
EDD

16. Do you have the following where you live? (Check all that apply.)

	Yes	No		Yes	No		Yes	No
Tub/shower	<input type="checkbox"/>	<input type="checkbox"/>	Stove	<input type="checkbox"/>	<input type="checkbox"/>	Telephone	<input type="checkbox"/>	<input type="checkbox"/>
Electricity	<input type="checkbox"/>	<input type="checkbox"/>	Heat	<input type="checkbox"/>	<input type="checkbox"/>	Hot water	<input type="checkbox"/>	<input type="checkbox"/>
Refrigerator	<input type="checkbox"/>	<input type="checkbox"/>	Toilet	<input type="checkbox"/>	<input type="checkbox"/>	Cold water	<input type="checkbox"/>	<input type="checkbox"/>

17. Do you feel your current housing meets your basic needs? Yes No

18. Do you feel safe in your home? Yes No

If no, why not? _____

19. If there are guns in your home, how are they stored? _____

TRANSPORTATION

20. Will you have problems keeping your appointments? Yes No

If yes, is the problem: Transportation Child care Work School Other: _____

21. When you ride in a car, how often do you use seat belts? Always Sometimes Never

22. Will you be able to get a car safety seat for the new baby by the time it is born? Yes No

CURRENT HEALTH PRACTICES

23. Have you ever had trouble finding a doctor or getting necessary treatment for yourself or your family? Yes No

If yes, please explain: _____

24. Have you been to the dentist in the last year? Yes No

25. What do you do for exercise? _____ How often? _____

26. Since you became pregnant have you used any over-the-counter medications? Yes No

If yes, what? _____ How much? _____ How often? _____

27. Since you became pregnant have you used any prescription medications? Yes No

If yes, what? _____ How much? _____ How often? _____

28. In your home, how do you store: Vitamins _____

Medications _____ Cleaning agents _____

29. Do you have exposure to chemicals:

a. At work? Yes No If yes, what? _____

b. At home? Yes No If yes, what? _____

c. With hobbies? Yes No If yes, what? _____

PREGNANCY CARE

30. Was this pregnancy planned? Yes No

31. How do you feel about being pregnant now? _____

32. Are you considering: Adoption? Yes No Abortion? Yes No

33. How does the father of the baby feel about this pregnancy? _____

a. Your family? _____

b. Your friends? _____

Name
 Birth date
 I.D. number
 EDD

34. Do you have any of the following problems now? (Check all that apply.)

	Yes	No		Yes	No
a. Swelling of hands or feet	<input type="checkbox"/>	<input type="checkbox"/>	h. Heartburn	<input type="checkbox"/>	<input type="checkbox"/>
b. Constipation	<input type="checkbox"/>	<input type="checkbox"/>	i. Backache	<input type="checkbox"/>	<input type="checkbox"/>
c. Fatigue/sleeping problems	<input type="checkbox"/>	<input type="checkbox"/>	j. Vomiting	<input type="checkbox"/>	<input type="checkbox"/>
d. Vaginal discharge/bleeding	<input type="checkbox"/>	<input type="checkbox"/>	k. Nausea	<input type="checkbox"/>	<input type="checkbox"/>
e. Varicose veins	<input type="checkbox"/>	<input type="checkbox"/>	l. Headaches	<input type="checkbox"/>	<input type="checkbox"/>
f. Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>	m. <input type="checkbox"/> Other _____		
g. Leg cramps	<input type="checkbox"/>	<input type="checkbox"/>			

35. In comparison to your previous pregnancies, is there anything you would like to change about the care you receive?

Yes No N/A Please explain: _____

36. Do you have any traditional, cultural, or religious customs about pregnancy and childbirth you would like supported?

Yes No Please explain: _____

37. Who gives you the most advice about your pregnancy? _____

38. What have you been told that you think is important? _____

39. Do you use any natural or herbal remedies (example: ginseng, manzanilla, greta, magnesium, yerba buena)?

Yes No If yes, what and how often: _____

40. Do you plan to have someone with you:

a. During labor? Yes No Do not know
 b. When you first come home with the baby? Yes No Do not know

41. If you had a baby before, where was that baby(s) delivered?

Hospital Clinic Home Other _____

Were there any problems? Yes No

If yes, please explain: _____

42. Have you had any losses in past pregnancies such as:

	Yes	No		Yes	No		Yes	No
Miscarriages	<input type="checkbox"/>	<input type="checkbox"/>	Adoption	<input type="checkbox"/>	<input type="checkbox"/>	Abortion	<input type="checkbox"/>	<input type="checkbox"/>
Stillborn	<input type="checkbox"/>	<input type="checkbox"/>	SIDS	<input type="checkbox"/>	<input type="checkbox"/>			

If yes, what/who helped you get through this? _____

43. If you have had other children, are they still living? Yes No N/A

If no, please explain: _____

44. Besides having a healthy baby, what are your goals for this pregnancy? _____

45. Do you plan to use a method of birth control after this pregnancy? Yes No Undecided

If yes, what method: Birth control pill Diaphragm Norplant IUD
 Foam and/or condoms Natural Family Planning Abstinence Sterilization Depoprovera

46. Have you ever had a sexually transmitted infection, such as gonorrhea, syphilis, chlamydia, herpes? Yes No

a. If yes, what and when: _____

b. Has your partner had a sexually transmitted infection? Yes No Do not know

47. Information given on HIV transmission, risk reduction behavior modification, methods to reduce the risk of perinatal transmission; counseling and referral to other HIV prevention and psychosocial services as needed; and referral for HIV testing. Yes No Initials: _____

Name
Birth date
I.D. number
EDD

NUTRITION

48. Anthropometric data: (Complete the following.) Height _____ Current weight _____ Date _____
 Prepregnancy weight _____ Normal Underweight Overweight Very overweight
 Weight gain goal _____ Net weight gain _____ Adequate Inadequate Excessive
 Weight gain in previous pregnancies: lbs _____ Unknown N/A Weight grid plotted
49. Biochemical data: (Complete the following.)
 Blood: Date _____ Hgb/Hct _____ MCV _____ Glucose Screen _____
 Urine: Date _____ (Circle) Glucose + - Ketones + - Protein + -
50. Clinical data: (Indicate if any of the following apply.)
 Short pregnancy interval Anemia Diabetes: Prepregnancy Past pregnancy
 Serious infection Dental disease Hypertension: Prepregnancy Past pregnancy
 Hx low birth weight baby High parity (>4) Currently breastfeeding
 Age 17 years or less Digestive problems Hx intrauterine growth retardation
 Other medical/obstetrical problems: Past _____ Current _____
51. Do you take prenatal vitamins? Yes No Do you take iron? Yes No Other? Yes No
52. How would you describe your appetite? Good Fair Poor
Do you sometimes feel you can't stop eating? Yes No
53. Have your eating habits changed since you became pregnant? Yes No
If yes, please explain: _____
54. How many times per day do you usually eat? _____
Do you have questions or concerns about your weight and/or weight gain during pregnancy? Yes No
If yes, please list: _____
55. Have you had cravings for or eaten any of the following? (Circle all that apply.) Yes No
laundry starch freezer frost cornstarch clay paste plaster dirt other _____
56. Do you have any food allergies? Yes No If yes, please explain: _____
Are there any foods or beverages you avoid? Yes No If yes, please explain: _____
57. Are you on a special diet? Yes No
If yes, what kind? Weight loss Low salt Low fat/cholesterol Vegetarian Diabetic
 Other: _____
58. If vegetarian, do you eat: Milk and dairy products Fish/chicken Eggs
59. How many cups of the following do you drink in a day? _____ regular coffee _____ regular tea _____ sodas
60. Who usually does the following in your home? Buys food: _____ Prepares food: _____
61. Dietary intake: (check all that apply)
- | | | | | |
|---------------|---------------|----------------|---------------------------------|------------------------|
| LOW | ___ Vitamin A | ___ Vitamin C | ___ Other fruits and vegetables | ___ Bread/grain/cereal |
| | ___ Protein | ___ All groups | ___ Fluid | ___ Milk |
| | | | | ___ Iron |
| EXCESS | ___ Fat | ___ Sugar | ___ Salt | ___ High Kcal. |

INFANT FEEDING

62. If you have other children, did you breastfeed, or try to breastfeed them? Yes No N/A
Did you have trouble breastfeeding? Yes No How long did you breastfeed? _____
63. How are you planning to feed your new baby?
 Breast Formula Both breast and formula Other: _____ Do not know

WIC REFERRAL

Provider signature _____

Date _____

Name
Birth date
I.D. number
EDD

COPING SKILLS

64. In the past month, how often have you felt that you could not control the important things in your life?
Have you felt that way: very often often sometimes rarely never
65. What things in your life do you feel good about? _____
66. Are you currently having any of these problems: (Check all that apply.)
- | | Yes | No | | Yes | No |
|---------------------------|--------------------------|--------------------------|------------------------------|--------------------------|--------------------------|
| a. Financial difficulties | <input type="checkbox"/> | <input type="checkbox"/> | f. Unemployment | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Housing problems | <input type="checkbox"/> | <input type="checkbox"/> | g. Immigration | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Divorce/separation | <input type="checkbox"/> | <input type="checkbox"/> | h. Legal | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Recent death | <input type="checkbox"/> | <input type="checkbox"/> | i. Probation/parole | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Illness | <input type="checkbox"/> | <input type="checkbox"/> | j. Child Protective Services | <input type="checkbox"/> | <input type="checkbox"/> |
67. What things in your life would you like to change? _____
68. What do you do when you are upset? _____
69. What do you and your partner do when you have disagreements? _____
70. Do you ever feel afraid or threatened by your partner? Yes No
If yes, please explain: _____
71. Within the last year have you been hit, slapped, kicked, or physically hurt by someone? Yes No
If yes, please explain: _____
72. Have you ever been a victim of violence and/or sexual abuse? Yes No
73. Have your children ever been victims of violence and/or sexual abuse? Yes No
74. Have your parents been victims of violence and/or sexual abuse? Yes No
75. Do you ever get depressed? Yes No
76. Have you ever felt so bad you planned or attempted suicide? Yes No
77. Have you ever talked to a counselor? Yes No
If yes, please explain: _____
78. Would you feel comfortable talking to a counselor if you had a problem? Yes No

TOBACCO, DRUG, AND ALCOHOL USE

79. Do you smoke cigarettes? Yes No
If yes, how many cigarettes per day? _____ for how many years? _____
80. Are you exposed to secondhand smoke at home or at work? Yes No
81. Are you using chewing tobacco? Yes No
82. If you smoke cigarettes or chew tobacco, have you:
 Considered quitting Set a definite date to quit Decided to cut down Decided not to quit at this time
83. How often do you drink alcohol (beer, wine, wine coolers, hard liquor, mixed drinks)?
 Daily Weekends 1-2 times per month Rarely or never

Name
 Birth date
 I.D. number
 EDD

84. Have your alcohol habits changed since you got pregnant? Yes No
 If yes how? _____
85. Are you interested in stopping or cutting down while you are pregnant? Yes No
86. Have you ever used street drugs (marijuana, cocaine, PCP, crack, speed, crank, ice, heroin, LSD, other)? Yes No
 a. If yes, what: _____ How often? _____
 b. Are you interested in quitting? Yes No
87. If your partner uses drugs or alcohol, does this create problems for you? Yes No

EDUCATION AND LANGUAGE

88. Years of education completed: 0–8 years 9–11 years 12–16 years 16+ years
 a. Are you currently enrolled in school? Yes No N/A
 b. Will you return to school after the baby is born? Yes No N/A
89. What language do you prefer to speak: English Other _____
90. What language do you prefer to read: English Other _____
91. Which of the following best describes how you read:
 Like to read and read often Can read but do not read often Do not read

EDUCATIONAL INTERESTS

92. Do you have experience with or have you received education in any of the following topics in the past (Column A—Do you know about?), or would like additional information during this pregnancy (Column B—Would you like more information?); both columns may be marked:

TOPIC	COLUMN A Have Previous Experience/ Do You Know About?	COLUMN B Would You Like More Information?
How your baby grows (fetal development)		
How your body changes during pregnancy		
Healthy habits for a healthy baby		
What you should eat while you are pregnant		
Gaining weight in pregnancy		
What happens during labor and delivery		
What you need to know about preterm (premature) labor		
Hospital tour		
How to take care of yourself after the baby comes		
Breastfeeding		
Infant feeding		
Circumcision		
Helping your other children get ready for the new baby		
Information about car seats/passenger safety		
How to take care of your baby and keep it safe		

Name
Birth date
I.D. number
EDD

93. Will you have any difficulties (language/transportation) scheduling/attending classes? Yes No

94. Will someone be able to attend classes with you? Yes No

Who? _____

95. Is there anything special you would like to learn about? _____

96. How do you like to learn new things? (Check all that apply.)

Read Talk one-on-one Group education Pictures and diagrams

Watch a video Being shown how to do it Other _____

97. Do you have any mental, emotional, or physical conditions, such as learning disabilities, Attention Deficit Disorder, depression, hearing, or vision, that may affect the way you learn? Yes No

If yes, please explain: _____

In developing a health education plan, also consider:

Does the client have a medical problem or other risk factors related to pregnancy that requires education (i.e.: history of genetic disorder, diabetes, previous preterm labor, hypertension, etc.). This information may be located on the obstetric medical history form and/or question 50.

Assessment completed by:

Name Date Minutes

Title